

I'm not a robot!

I have been using the Sunbeam Cafe Barista EM5000 for about three years, basically only on weekends without many problems that weren't operator error. However, in the last week or two, the amount of milk being dispensed is effectively has increased to a point where a large cup is overflowing on the Latte small cup selection. I have always had the froth turned down to the minimum setting and until now have pressed the Latte button twice to produce a large cup which fitted neatly into my cup. I am at a loss to see what could have changed to cause this problem. Espresso machines are a great way to wake up and smell the coffee, offering both speed and control when making a morning brew. They require a little more know-how to operate than other models, such as bean-to-cup and pod, but tend to be one of the cheapest options when buying an at-home machine — case in point, our top-rated model below will set you back less than £100. Not only that, but making your own morning brew is more cost-effective than a daily trip to a shop, in the long run. To help you find the best espresso coffee machine, we've tested top models from all the major brands including De'Longhi, Smeg and Breville. These are our top-scoring machines: Best espresso coffee machine: Beko CEP5152B Espresso Coffee MachineRunner-up espresso coffee machine: Breville VCF125 Barista Mini Espresso Coffee MachineBest espresso coffee machine for colourful kitchens: Smeg ECF01 Espresso Coffee MachineBest espresso coffee machine for milk frothing: De'Longhi Dedica Style EC685 Traditional Barista Pump Espresso MachineBest espresso coffee machine for automatic milk frothing: Breville One-Touch VCF109 Coffee MachineBest looking espresso coffee machine: Gaggia Carezza Style R18523/01Best espresso coffee machine for making coffee quickly: De'Longhi Scultura ECZ351 Coffee MachineBest espresso coffee machine for versatility: Dualit Espresso-Auto Coffee and Tea Machine 84516 What is an espresso machine? Espresso machines use ground coffee rather than coffee beans or pods — used by bean-to-cup machines and pod machines respectively. If you want to use your espresso machine to make coffee from beans, you'll need to invest in a separate electric coffee grinder, a food processor or a blender with a mill attachment. Espresso machines usually look like miniature versions of the models you see in coffee shops, and tend to be a little trickier to use than other at-home models. To make a delicious drink, the key is balancing the amount of coffee you use and the pressure employed to tamp the grounds down. Espresso machines offer a lot more control when it comes to making specialty coffees such as lattes and cappuccinos, too. Rather than frothing milk in an automatic frother, like you find on most bean-to-cup models, an espresso machine's steam wand gives you total control over the temperature and texture of the steamed milk. And, though mastering your frothing technique will need plenty of practice, it is the best way to steam milk. Unlike bean-to-cup machines, there aren't any fiddly grind settings to try and figure out on espresso machines, but they do require more upkeep as there are a lot of different parts that need to be cleaned regularly. What are the differences between espresso machines, bean-to-cup machines and pod machines? While espresso machines use ground coffee to get the flavour for your favourite cups, pod and bean-to-cup machines take a slightly different approach. As a result, each one has its own individual strengths and weaknesses, and it's good to get your head around these before settling on the right type for you. Pod machinesThese make single-serve coffees from ground beans that are sealed inside pods or capsules. They work in a similar way to the grounds used with espresso machines, although having the quantity pre-determined rather than having to measure it yourself and tamp it saves time and effort. The pod is inserted into a designated slot, the lid of the machine is shut to pierce it and then water is pushed through the grounds to extract the coffee. These are quick and convenient, ideal if you're often in a rush in the morning. But they won't offer you as many variable options while making your coffee, giving you less control to determine the qualities of the resulting drink. Read our round-up on the best pod coffee machines for more information. Bean-to-cup machinesThese tend to be the most expensive type of coffee machine, with top brands charging from £400 to nearly £2,000. As the name suggests, they are able to take you through an automated brewing process; grinding the beans, tamping the grounds, extracting the coffee, pouring the shot and steaming the milk — if you're after a latte or cappuccino. By minimising the time spent transitioning from bean to cup, they ensure maximum freshness, and with that comes plenty of flavour. Most bean-to-cup machines will also allow you to personalise your drink, adjusting the size, coffee strength and sometimes even the strength of the aroma too, giving you room to perfect your tailored coffee recipe. You can find our top-rated bean-to-cup machines in our latest round-up. Espresso coffee machine accessories explainedPortafilterA portafilter is a handle containing a filter basket, which is where the coffee grounds are held. This is then fitted into the coffee machine and hot water is forced through the basket. Filter basketsA filter basket is a small stainless steel cup with lots of small holes in the bottom. It sits inside the portafilter and is where the coffee grounds are placed. If your machine can make two shots at the same time, you'll be provided with two different-sized filter baskets: one for a single shot and another for two shots. TamperA tamper goes with a portafilter and is a small tool used to compress the ground coffee that's in the basket. Coffee grounds shouldn't be packed too loosely or too tightly, so a little trial and error is needed to work out what's right. Experts agree that coffee should be tampered at around 40–45 lbs of pressure. You can work out what this feels like by pressing your tamper onto your kitchen or bathroom scale. With cheaper models, you'll be given a plastic tamper with a scoop at the other end. Stainless steel milk jugSome espresso machines come with a milk jug, which tends to hold just under 500ml of liquid. Stainless steel is the best material, as it heats up with the milk and gives you an indication of how hot the milk is getting. If you heat your milk to anything over 70°C, you run the risk of burning it and ruining the flavour of your drink. Plus, your coffee will be far too hot to take a sip. One way to tell if it's done steaming is to touch the side of the jug — if you can keep touching it for five seconds before having to take your hand off, the milk is done. Alternatively, you can buy a thermometer that sits in the jug as you're steaming. Cleaning toolSome espresso machines will come with a cleaning tool that looks a little like a toothbrush. It has a long plastic handle with thick, sturdy bristles for getting in and cleaning under the portafilter holder, and for cleaning out any stuck grounds. Cleaning discA cleaning disc is a filter basket without the holes. When cleaning, you place this disc in the portafilter along with some cleaning solution and run the coffee machine, pushing the solution back through the coffee machine system. Make sure to remove the portafilter and cleaning disc once finished, and rinse the system through with water to flush out any remaining cleaning solution. How we test espresso coffee machinesWe sipped our way through a range of coffees to find the best espresso machines. We pulled several espressos from all models tested and assessed each shot by looking at the thickness and colour of the crema, as well as taking a temperature reading to ensure the shot wasn't too hot or too cool — it should be between 60–75°C. Whether testing bean-to-cup or espresso machines, we use coffee with the same tasting notes — caramel, biscuit and chocolate. Then, a shot is given to an independent coffee expert who scores it in four key areas: Taste: there should be a balance of tones, like you'd find in a good wine. An initial sweet acidity should be followed by richer, more mellow tones. Aroma: it should be warming, rich and well-balanced. We should be able to detect individual notes. Body: the shot shouldn't be too thick or too thin. Crema quality: the crema should be rich but not too pale or dark, more of a chestnut or hazelnut colour. The crema should also last until the end of the drink. If the coffee machine has a milk frother, we also steam milk and non-dairy milk to see how the results compare. We take a temperature reading and leave the milk for five minutes to check the stability of the foam. Every test is conducted twice to check the consistency. Read more: Best pod coffee machinesBest bean-to-cup coffee machinesCoffee machine buying guide

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